

COLUMBUS CURRENTS

Unplug to be More Connected

“Almost everything will work again if you unplug it for a few minutes, including you.” Author Anne Lamott cleverly captures the benefits of unplugging in today’s device-driven, multi-tasking world. Keeping up with work, family and school activities or the latest trends on social media makes most of us feel compelled to constantly check our devices.

Summer is a great time to take a family vacation, but it’s also a good opportunity to unplug from our devices and enjoy the great outdoors with family and friends. Research has shown that we all need downtime after a busy day to recharge—even though we may resist it. Take a moment to slow down and enjoy some peaceful hours away from technology.

While you’re unplugging from your devices, take a look around your home to identify electronics that consume energy even when they are not in use (this is known as “vampire” energy loss). TVs, gaming consoles, phone chargers and computers are some of the biggest culprits.

If your summer plans include a staycation, take time to recharge your relationships and be more present with those you love. Enjoy our beautiful surroundings with your family and friends.

Speaking of spending time outdoors, you can also enjoy energy savings by incorporating LED products and fixtures for outdoor use, such as pathway, step and porch lights. Many include features like automatic daylight shut-off and motion sensors. You can also find solar-powered lighting for outdoor spaces.

Save energy by keeping warm summer air outside where it belongs. Add caulk or weather stripping to seal air leaks around doors and windows. You can also employ a programmable thermostat to adjust the settings a few degrees higher when no one is home.

In our connected world, we have forgotten how to slow down. We multitask and text. We check email, then voicemail, then Facebook. Do yourself and your family a favor. Put down the device and smell the fresh air.

While Columbus Electric Cooperative can’t help you recharge your relationships, we can help you save money and energy by connecting you with our energy-saving tips and Energy Star Rebate services. When you do plug back in, we’re just a call or click away.



Visit www.columbusco-op.org for Savings tips and Rebate information.

CEC Awards 30 Scholarships



Joel Nanez, CEC Board Trustee, presenting the 2019 DHS Scholarship Awards



Pat Valdez, NM Material Suppliers Group, presenting 2019 DHS Scholarship Award

CEC would like to congratulate the Graduating Class of 2019 and the CEC Scholarship recipients!

Thanks to Tri-State G&T and NM Material Suppliers Group for their contributions to our scholarship program!

2019 Annual Meeting Joke

A man was in his front yard mowing grass when his attractive female neighbor came out of the house and went straight to the mailbox. She opened it, then slammed it shut and stormed back into the house.

A little later she came out of her house again, went to the mail box and again opened it, then slammed it shut again. Angrily, back into the house she went.

As the man was getting ready to edge the lawn, here she came out again, marched to the mail box, opened it and then slammed it shut harder than ever. Puzzled by her actions, the man asked her, "Is something wrong?"

To which she replied, "There certainly is! My stupid computer keeps saying, "You've got mail!""



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